



Knowsley Junior School Menu — Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

(V) Tomato & Mascarpone Pasta

Bubble Fish

Jacket Potato with Cheese

Chilli Tacos

(V) 'No' Meatballs in Gravy

Jacket Potato with Tuna Mayo

Cottage Pie

(V) Veg Samosa

Jacket Potato with Cheese

Assorted Sandwich with Crisps & Salad
Savoury Chicken & Rice

Jacket Potato with Beans

(V) Loaded Cheese Panini

(V) Quorn Dippers

Jacket Potato with Coleslaw

Sides

Potato Wedges
Mixed Salad
Green Beans

Diced Potatoes
Broccoli
Sweetcorn

Roast Potatoes
Peas
Cauliflower

Mixed vegetables

Chips
Baked Beans
Sweetcorn

Dessert

Jaffa Cookie

Old School Sponge

Chocolate Brownie

Banana Whip

Chocolate Ice Cream

Info

When meat dishes are on the menu, the same Halal option is available. We use high quality regionally sourced products, higher welfare meats and MSC fish.

Fresh salad, fresh fruit, yoghurt, wholemeal bread and drinking water is available every day.