



Knowsley Junior School Menu — Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	(V) Quorn Pasta Bolognese Chicken Goujons Jacket Potato with Cheese	'Chip Shop' Chicken Curry Italian Sub Jacket Potato with Tuna Mayo	(V) Cheese & Onion Pie Hotdog in a Bun Jacket Potato with Beans	(V) Savoury Cheese Omelette All Day Breakfast Jacket Potato with Tuna Mayo	(V) Southern Burger (V) Panini Pizza Jacket Potato with Cheese
Sides	Diced Potatoes Mixed Salad Carrots	Boiled Rice/Potato Wedges Green Beans Mixed Veg	Mash or Roast Potatoes Baked Beans Cauliflower	Potato Waffles Grilled Tomato Mushroom	Chips Baked Beans Sweetcorn
Dessert	Chocolate Whip	Raspberry Bun	Choc Chip Cookie	Cornflake Cake	Strawberry Ice Cream
Info	When meat dishes are on the menu, the same Halal option is available. We use high quality regionally sourced products, higher welfare meats and MSC fish. Fresh salad, fresh fruit, yoghurt, wholemeal bread and drinking water is available every day.				